

*Learn from the Best—2x Olympian... undefeated for 10 years in international competition!*

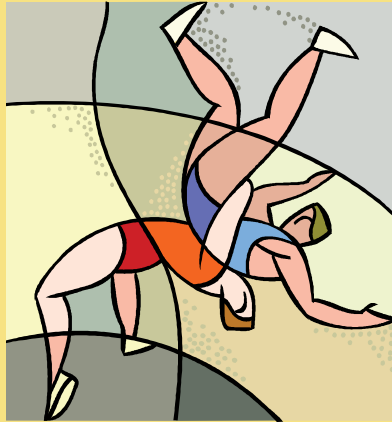
**WRESTLERS OF ALL AGES WELCOME**

**Special Rate  
Only \$10/ session**

**Attend all 7 Clinics  
and only pay for 6!**



**Make checks payable to:  
Iron Horse Wrestling Academy**



**For more  
information**

**Call  
Coach Jeff Breese  
724-493-5994**

**Email  
psnkwrestling@gmail.com**

**Olympic Development & Training  
With World Class Wrestling Coach  
Panayot Kirov & Nationally Recognized Coach Jeff Breese**

Learn the Bulgarian training secrets from the best.  
2x Olympian Panayot Kirov shares his technique and tactical  
training methods.

He is a USA Wrestling Coach and recently assisted at the  
Olympic Training Center—Winter Camps 2008.

Also featuring Jeff Breese - Head Wrestling Coach  
At Penn State - New Kensington. Former 4x Cadet National  
All-American, and 2x PIAA State Champion. Wrestled  
collegiately at NC State. Also, Assistant Coach for PA Na-  
tional Teams that won 4 National Championships

**OLYMPIC CLINICS**

**To be held every Wednesday from April 14 - May 26th.**

**When**

**4:30 PM - 6:00 PM (For Junior High & High School)**

**6:00 PM - 7:00 PM (For youth grades 1-6)**

**Cost**

**\$10/ session or \$60 for all 7**

**Sponsored by: Iron Horse Wrestling Academy**

At all clinics you will learn the special wrestling exercises for power, speed, and flexibility  
which you can use when training on your own or with your team.

Most techniques learned at these clinics also good for folkstyle wrestling!

**All sessions will be held at Mt. Lebanon High School**